



RAMAIAH

ಅಭಿಜ್ಞ ದರ್ಪಣ darpana

Come Together ! Speak Together !

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Prof. Prameela. C. R., RCE

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Message from the Chief Editor's Desk

With great excitement, we unveil the ninth edition of "Abhijna Darpana," our student-driven newsletter! The success of past issues, fuelled by our readers' support, empowers our team to unite diverse talents and resources in bringing this publication to life. The overwhelming response to previous editions is a tremendous motivator for the editorial team.

I am pleased to announce that the Campus Roundup section encompasses various signature events and student achievements from all nine institutes under GEF. As a student-driven newsletter, it is our privilege to showcase the vibrant tapestry of accomplishments and endeavors across our academic community.

Furthermore, we've got a diverse mix of content from our talented students and staff, exploring the theme "Art and Culture" through poems, artwork, and insightful writing.

On behalf of the entire team including editors, sub-editors, and student coordinators, I extend a heartfelt gratitude to the management for their unwavering support in making this issue a reality.

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Editor's View



Flt Lt (Mrs) Sunita Dixit (Retd)
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MS Ramaiah Composite PU College

It is my pleasure to welcome you to Abhijna Darpana, our institution's showcase of talent and achievements. As the proud Principal of Ramaiah Composite Pre-University College, I, Flt Lt (Mrs) Sunita Dixit (Retd), am honoured to witness the outstanding academic accomplishments that reflect our commitment to excellence.

Our dedicated faculty and motivated students have consistently upheld the high standards of education at Ramaiah Composite Pre-University College.

I congratulate each one of you on the exceptional contributions that grace the pages of our magazine. Abhijna Darpana is not merely a compilation of words and images; it is a reflection of the vibrant tapestry of our institution's academic community.

Your collective efforts have woven together a narrative that captures the essence of our shared journey, academic achievements, artistic expressions, and the multitude of talents that define our diverse community. As I peruse the pages, I am struck by the depth of creativity, insight, and passion that emanate from your work.

This magazine stands as a testament to the remarkable talent within our institution, showcasing the intellectual prowess and artistic flair that define us. It is a celebration of our shared accomplishments and a showcase of the myriad perspectives that enrich our academic environment.

I extend my deepest appreciation to each contributor and supporter who dedicated time and effort to make Abhijna Darpana, a true representation of our institution's excellence. May this publication inspire future generations to continue the legacy of creativity, innovation, and unity that defines our academic community.

I am confident that Abhijna Darpana will be a celebration of not just artistic brilliance but also the academic prowess that sets our institution apart.

Best wishes,

CREATIVE WRITING

ಚೆಂದ

ಮನಸ್ಸು ಇರಬೇಕು ಸ್ವಚ್ಛಂದ....

ಆಗ ಇರುವುದು ಮುಖ ಚೆಂದ....

ಭಾವನೆಗಳು ಹೋಲಬೇಕು ಶ್ರೀಗಂದ....

ಲಭಿಸುವುದು ತಪ್ಪದೇ ಆನಂದ....

Prameela. C. R
Assistant Professor
RCE (B.Ed)



Moinuddin, Lecturer, RCE (B.Ed)

SIDE CALLED SUICIDE- THE UNKNOWN WOMAN



It all began with a paper to claim a birth by father, that wasn't just a paper it also came with life

It was a paper that steered and cheered for the whole family together with blessing of no strife

Life begins from stages to adult to a solid working professional

Some attain the best of lives some fall and some fail unintentional.

The journey that began from birth to destination isn't just about being successful and resent

It's also about what you gave and took from the society and your generation of past with present

Never mind on the domestic problem that arises within every household

They are to be put on hold to steer the life that's bold and made of gold.

We forget to learn the values of life and we forget to claim the values of wisdom and gain

The soul with certificate isn't just about being happy it's also about being happier in times of pain.

It all ended today when that soul was lost, with again a paper claim but this time a spouse

It came with no life, mourners, procession, cries and shame

Now it was a paper that put brakes to steering of life with an end to family cheers and fame.

Suicide cannot be the solution to any problem. Why one chooses to end his/her life is shocking, frightening and

depressing with no easy answers. Yet, it is a fundamental question for us to answer.

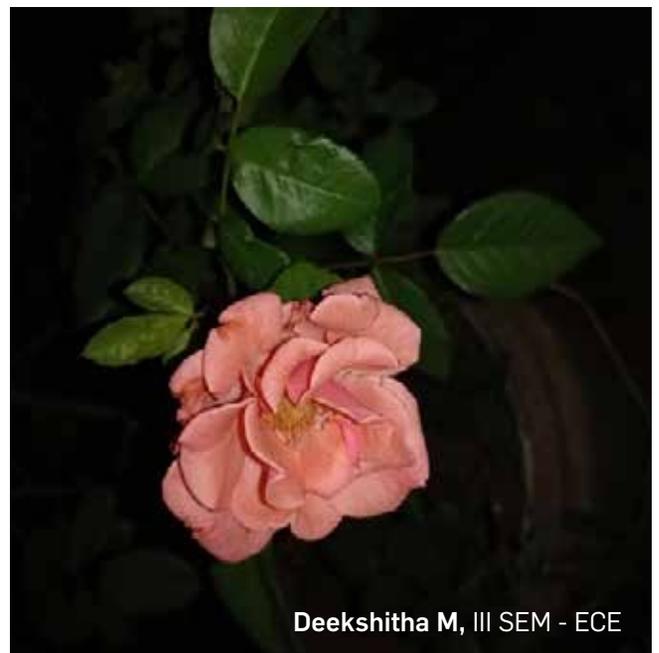
The thought of a depressed person "The world is an unfair place and suicide is considered as a desperate attempt to escape the suffering that has become unbearable". Motive for suicide is usually things like pain, misery and despair. It's really tough because the pain is real and sometimes suffocating. Most suicides are due to temporary depression or despair. Every person who has suicidal thoughts, depression and is feeling low and lost has to think about it and give that moment a chance to seek advice, consult, take help, remain focused on positives rather than offering oneself to the wrong path.

Let's all pledge today to help those people in distress, which is the need of the hour as the Talk of suicide also naturally raises the issue about the duties of other people towards those who are suffering from depression and attempt. There is a saying in Hindi "Sabr hai toh swarg hai" we have to show them ways of dealing with suicidal thoughts and how to come out of it.

Jai Hind

Moinuddin

Lecturer, Ramaiah College of Education (B.Ed)



Deekshitha M, III SEM - ECE

HUMANITY

In today's complicated world, it's really important for people to stand up for what's good in our nature. Humanity is about being caring and kind, understanding and helping each other, and accepting different cultures. This helps us make friends, keep peace, and work together to solve problems.

On the other hand, there are forces that go against these good things, causing pain and destruction. They believe violence can solve problems, but it only makes things worse by creating more hate and issues. Innocent people often suffer, and it tears apart families and communities. Choosing kindness and understanding over these destructive forces is a way of embracing the best parts of our humanity. It's about talking, understanding, and not resorting to violence to solve problems. It's recognizing that violence only leads to more violence in an endless cycle.

In a world where we need to work together to tackle big problems like poverty, climate change, and diseases, these destructive forces hold us back. By prioritizing humanity over them, we can make the world as a far and better place for everyone.

We need to stand together, support peace, accept others, and show respect to one another. This way, we can show that being human is better than spreading hate and make the world a kinder and more peaceful place.

Sayeeda Zuaina Fathima
5th Semester E&C, Ramaiah Polytechnic

THE SEA SHORE

The sticky sand, the salty water, and the burning sun weren't as pleasing as shown in the movies. The sea felt very irritating for me since my childhood experiences, the waves had no chance to redeem themselves until I visited them. In the long run after my last visit to a beach, I was on my way to a hostel life full of anxiousness and insecurities, sad about leaving my comfort life behind, shifting to a coastal city where humidity had its cast, making me sweat tons. When we were about to enter the city, we were driving along a seashore not much distant from the silent road, which made us stop for a high tea.

As normalcy suggests in every family of finishing tea and getting back, my parents thought of taking a stroll along the seashore. The sun was fading and the sea looked fiery, and like every father, my Appa took me close to the shore, my slippers were full of sand, and I could hear the waves coming closer. Overwhelmed with fear and emotions, everything felt so unserious at the time, until the gentle waves hit me. It felt good this time, the cool water did not seem sticky, my slippers were clean now and my tension washed away with the waves. I was living in the moment, my mother trying to click some blurry selfies, my father trying to smile through his grumpiness. Since then, I started visiting the beaches with a new panorama. They wash away my hindering thoughts and give me a chance to relax, making me one with nature. The sticky sand is irritating.....

Nevertheless, Vitamin Sea feels necessary now and then.

Shrinidhi Anil Hallyal
III B.B.A., L.L.B. RCL

SIGHT

If I would have become a sighted being with vision to experience the beauty of life,

To gain more experiences with observations,

It would have been nice to walk with the people and their emotions.

It would be good to gain the experience with all senses, including the eye.

Reacted based on their moods

If I were like them, I would have spoken with the people based on their facial expressions

I would have reached so many heights without calculating risk

A life without sight and vision is like a lock without key

Vision is like key, and sight is like lock

But in life, they both coexist.

Without their Intermingling, life is like a talent without platform

No, my dear heart,

you are capable.

you possess vision which is larger than sight

I am there for you, I am your vision and sight.

Let's walk together in the journey of life to reach my destiny
to add a new feather and companion to myself
Vision is more important than sight;
it is the force which makes you stand everyday
It is so powerful - like mother who cannot see her baby in her womb but can feel it always.
I internalize you and you internalize me

Disability is a part of life
Overcoming in living with it in life
And achieving something in life
By breaking the barriers is and leaving hurd mentality is art of life
Be a vision to your sightless sight not sight to your vision.

Apoorva Bahubali
III Semester, BA, MSRCASC

NATURAL ICE CREAM: FOR AN AUTHENTIC SCOOP OF FLAVOUR

Natural Ice Cream's journey is not merely a business ballad; it is a saga woven with passion, innovation, and an unwavering commitment to authenticity.

On a sizzling Mumbai summer day in 1984, a modest storefront in Juhu churned out a revolution. Raghunandan Kamath, a dreamer with a taste for mangoes, opened Natural Ice Cream. He craved to redefine the dessert scene with real fruit ice cream, where quality reigned supreme. Fast forward to today, Natural Ice Cream stands like a frozen fortress of success, boasting over 140 outlets across 40 cities and scooping up a cool Rs 300 crores in 2020.

Kamath's journey began in Mulki, Karnataka, where hardship was a familiar flavour. Yet, despite limited means, his eye for the ripest mangoes became his secret ingredient. This love for fruit led him to Mumbai, where, at just 15, he honed his craft alongside his brother in a South Indian eatery. But Kamath's vision had its own melody, distinct from his brother's tune. So, in 1984, with Rs 3.5 lakhs and a small team, he launched Natural Ice Cream with just 12 flavours, serenaded by a promise of pure fruit, sugar, and milk.

Authenticity is the brand's secret sauce. No artificial fillers or preservatives here. Each batch is hand-crafted, a backstage ballet where mangoes, like Alphonso divas, are peeled, de-seeded, and pulped with utmost care. Kamath's passion for quality echoes in the daily Kandivali factory routine, where buffalo milk undergoes elaborate treatment, culminating in the Falling Film Evaporation process – a technical whirl producing condensed milk, a keynote in their frozen masterpiece.

But innovation also dances to the music in Natural Ice Cream's story.

Kamath's son, Srinivas, leads the charge with his vision for "mega shops" in faraway cities, complete with in-house manufacturing units to keep freshness a top note. Chandigarh prepares to take center stage as the first act, and the applause of success will guide further expansion. This strategic shift tackles the temperature-controlled transport blues, allowing the brand to serenade new palates on distant stages.

From humble Pav Bhaji beginnings to an ice cream empire, Natural Ice Cream is a testament to the power of small, sweet dreams. Kamath,



a pioneer who dared to marry savoury and sweet, captured the essence of India's dessert culture in a single scoop. The transition from

eatery to ice cream haven was a pivotal act, with flavours like Sitaphal, Kaju-Draksh, and Mango enchanting audiences like captivating choruses. Quality became the brand's unwavering melody, and the refusal to compromise, its signature harmony.

Natural Ice Cream's symphony of flavours is a testament to its commitment to originality. From the unorthodox notes of cucumber, prasadam, and gajar halwa to the vibrant, fruit-infused crescendos of chikoos, jackfruit, litchis, and figs, the brand constantly pushes the boundaries of traditional ice cream offerings. Each flavour whispers a story, echoing Kamath's expertise in fruit selection and processing, a skill inherited from his fruit vendor father.

Beyond the delectable offerings, Natural Ice Cream builds a connection with its audience that transcends mere taste. Customer feedback becomes a treasured duet, while in-parlour themes showcasing local vendors add a poignant chorus of community. Even the

meticulous production, imbued with the lessons of Kamath's mother's kitchen, reflects a quiet dedication to quality that melts hearts.

As Natural Ice Cream continues to captivate the Indian market, its aspirations yearn for wider horizons. Srinivas envisions serenading new regions, with Chandigarh's "mega shop" marking the first act of expansion. The coveted Delhi market awaits its performance, while global ventures, particularly in West Asia, flicker on the horizon, fueled by the founder's ambitious dreams. Perhaps the most fascinating aspect of Natural Ice Cream's success lies in its unconventional origin story. Kamath, a maverick with no formal business training, did not rely on the predictable score of traditional marketing strategies. Instead, driven by a simple, heartfelt melody - the desire to offer fresh, fruit-flavoured ice cream - he took a daring leap into a niche market dominated by established brands. This unorthodox approach was a high-wire act, yet it paid off in a crescendo of success that surpassed all expectations.

Swathi Pai, RIM



LUCID DREAMING

Lucid dreaming is a unique and fascinating state of consciousness in which the dreamer

becomes aware that they are in a dream and may gain some control over the dream's content.

This report provides a comprehensive overview of lucid dreaming, including its definition, history, scientific explanations, induction techniques, potential benefits, and practical tips for those interested in experiencing lucid dreams.

Lucid dreaming is a distinct psychological phenomenon where individuals achieve self-awareness within a dream state. Unlike typical dreams where the dreamer has limited or no control, lucid dreamers can actively participate in and manipulate the dream world. This report aims to explore the multifaceted aspects of lucid dreaming, from its definition to its practical applications.

Lucid dreaming is characterized by the dreamer's awareness that they are in a dream while still immersed in the dream narrative. Key characteristics of lucid dreams include:

- **Self-awareness:** Lucid dreamers know they are dreaming and can distinguish the dream world from reality.
- **Control:** They can exert varying degrees of control over the dream environment, including changing elements of the dream or guiding the storyline.
- **Clarity:** Lucid dreams are often reported as more vivid and

lifelike than regular dreams, with enhanced sensory perception.

The concept of lucid dreaming has roots in various cultures throughout history. Tibetan Buddhists practiced dream yoga, ancient Greek philosophers contemplated the nature of dreams, and Native American tribes integrated dream control into their spiritual traditions. Modern understanding of lucid dreaming was popularized by Dutch psychiatrist Frederik van Eeden in the early 20th century and later researched by Stephen LaBerge in the 1980s. The neurological and psychological mechanisms behind lucid dreaming are not fully understood, but several theories have been proposed:

- **Activation of the prefrontal cortex:** This area of the brain is associated with self-awareness and critical thinking, and it may play a role in lucid dreaming.
- **Enhanced connectivity:** During lucid dreams, there may be increased connectivity between different regions of the brain, allowing for conscious self-reflection.
- **Sleep stage awareness:** Lucid dreams often occur during the rapid eye movement (REM) stage of sleep, during which the brain is highly active.
- **Numerous methods have been developed to help individuals induce lucid dreams including:**
- **Reality checks:** Regularly questioning one's reality during the day can carry over into dreams, promoting awareness.

- **Wake-Back-to-Bed (WBTB):** Waking up during the night and then returning to sleep increases the likelihood of experiencing lucid dreams.
- **Mnemonic induction:** Repeating phrases or affirmations before sleep to suggest lucidity in dreams.
- **Lucid dreaming supplements:** Some substances like galantamine and choline are believed to enhance the likelihood of lucid dreaming.
- **Lucid dreaming has been studied for its potential psychological and personal development benefits:**
- **Overcoming fears and nightmares:** Lucid dreamers can confront and control nightmares.
- **Enhancing problem-solving and creativity:** Exploring scenarios and challenges in dreams can lead to creative insights.
- **Reducing stress and anxiety:** Lucid dreams may offer a safe space for practicing relaxation and coping strategies.

For those interested in exploring lucid dreaming, here are some practical tips:

- **Keep a dream journal:** Recording your dreams can help you recognize dream patterns.
- **Develop a reality-check routine:** Regularly question your reality during the day to establish the habit in dreams.
- **Maintain a consistent sleep schedule:** Lucid dreams are

more likely to occur during the REM stage, so regular sleep patterns are important.

Lucid dreaming is a fascinating psychological phenomenon that offers insights into the depths of human consciousness. While the scientific understanding of lucid dreaming is still evolving, it has the potential to be a valuable tool for personal growth, problem-solving,

and self-exploration. With the right techniques and practice, anyone can unlock the incredible world of lucid dreaming and harness its many benefits.

Harshaa S

5th Sem ECE, Ramaiah Polytechnic

ಹೆಣ್ಣು ಸ್ವತಂತ್ರಳಾಗಿ ಏನನ್ನು ಬೇಕಾದರೂ ಸಾಧಿಸಬಹುದು

ಒಂದು ಹೆಣ್ಣಿಗೆ ತನ್ನ ಕುಟುಂಬ ಎಷ್ಟು ಮುಖ್ಯವೋ, ತನ್ನ ವೈಯಕ್ತಿಕ ಜೀವನವೂ ಕೂಡ ಅಷ್ಟೇ ಮುಖ್ಯ. ಒಂದು ಹೆಣ್ಣು ಮಗು ಹುಟ್ಟಿದರೆ ಅದನ್ನು ಅನಿಷ್ಟ ಎಂದು ಕರೆಯುವವರು ಇಂದಿಗೂ ಕೂಡ ಇದ್ದಾರೆ.

ಕುಟುಂಬದಲ್ಲಿ ಒಂದು ಹೆಣ್ಣು ಮತ್ತು ಗಂಡು ಮಗು ಇದ್ದರೆ ಮೊದಲ ಪ್ರಾಮುಖ್ಯತೆ ಗಂಡಿಗೆ ಕೊಡುತ್ತಾರೆಯೇ ವಿನಹ ಹೆಣ್ಣಿಗೆಲ್ಲ. ಗಂಡು ಮಗು ಪರೀಕ್ಷೆಯಲ್ಲಿ 70% ತೆಗೆದರೂ ಪರವಾಗಿಲ್ಲ, 1ನೇ ಕ್ಲಾಸ್ನಲ್ಲಿ ಪಾಸ ಆಗಿದ್ದಾನೆ ಎಂದು ಅವನಿಗೆ ಕೇಳಿದ್ದು ಕೊಡಿಸುತ್ತಾರೆ. ಅದೇ ಒಂದು ಹೆಣ್ಣು 95% ತೆಗೆದರೂ ಸಹ ಅವಳಿಗೆ ಮದುವೆ ಮಾಡಿ ಕಳುಹಿಸುತ್ತಾರೆ.

ಹೆಣ್ಣನ್ನು ತನ್ನ ಹುಟ್ಟಿದ ಮನೆಯವರು ನೀನು ಬೇರೆ ಮನೆಗೆ ಹೋಗುವವಳು ಎಂದು ಹೇಳುತ್ತಾರೆ. ಗಂಡನ ಮನೆಯವರು ನೀನು ಬೇರೆ ಮನೆಯಿಂದ ಬಂದವಳು ಎಂದು ಅವಳನ್ನು ಹೀಯಾಳಿಸುತ್ತಾರೆ. ಅವಳಿಗೆ ಸಾಕಷ್ಟು ತೊಂದರೆ ಕೊಡುತ್ತಾರೆ. ಅವರು ಹೇಳಿದ್ದು ಮಾಡದೆ ಹೋದರೆ ದೈಹಿಕವಾಗಿ ಮತ್ತು ಮಾನಸಿಕವಾಗಿ ಕಿರುಕುಳ ನೀಡುತ್ತಾರೆ. ಇದನ್ನು ತಡೆಯಲಾರದೆ ಏನು ಮಾಡಬೇಕೆಂದು ತೋಚದೆ ಕೆಲ ಅಬಲೆಯರು ಆತ್ಮಹತ್ಯೆಗೆ ಶರಣಾಗುತ್ತಾರೆ.

ಇದೆಲ್ಲದರಿಂದ ಹೆಣ್ಣು ಮುಕ್ತಿ ಹೊಂದಬೇಕಾದರೆ ಅವಳು ದೃಢ ಮನಸ್ಸಿನಲ್ಲಿ ಇರಬೇಕು. ಅವಳು ತಾನು ಯಾವುದರಲ್ಲಿಯೂ ಕಡಿಮೆಯಿಲ್ಲವೆಂದು ದೈಹಿಕ ಮತ್ತು ಮಾನಸಿಕವಾಗಿ ಬಲಶಾಲಿಯಾಗಬೇಕು. ತನ್ನ ಜೀವನವನ್ನು ತಾನೇ ರೂಪಿಸಿಕೊಳ್ಳಬಹುದೆಂಬ ಭರವಸೆ ಮತ್ತು ಮನಸ್ಸಿನ ಎರಡೂ ಕೂಡ ಅವಳಲ್ಲಿರಬೇಕು.

ಹೆಣ್ಣುಮಕ್ಕಳಿಗೆ ಎಲ್ಲಾ ಸ್ಥಳಗಳಲ್ಲಿಯೂ ತಾರತಮ್ಯ ಮಾಡಲಾಗುತ್ತದೆ. ಒಂದು ಸಂಗತಿ ಹೇಳುವುದಾದರೆ: ಒಂದು ಹುಡುಗ ಸಾಧನೆ ಮಾಡಬೇಕು ಎಂದು ಹೆಜ್ಜೆ ಇಟ್ಟಾಗ ಅವನಿಗೆ ಎಲ್ಲಾ ರೀತಿಯಿಂದ ಪ್ರೋತ್ಸಾಹ ಕೊಡುತ್ತಾರೆ. ಅದೇ ಒಂದು ಹೆಣ್ಣು ಸಾಧನೆ ಮಾಡಲು ಮುಂದಾದಾಗ ಅವಳು ಒಂದಲ್ಲಾ ಒಂದು ರೀತಿಯಲ್ಲಿ “ನಿನ್ನಿಂದ ಸಾಧ್ಯವೇ” ಎಂದು ಹೀಯಾಳಿಕೆಗೆ ಒಳಗಾಗುತ್ತಾಳೆ.

ಹೆಣ್ಣು ಬೈಕನ್ನು ಓಡಿಸಲು ಹೋದರೆ ಅವಳಿಗೆ ಆಗದು ಎಂದು ಹಾಸ್ಯ ಮಾಡಿ ಅದನ್ನು ನಿರಾಕರಿಸುತ್ತಾರೆ. ಒಬ್ಬ ಹುಡುಗ ಬೈಕಿನಲ್ಲಿ ಸ್ವಂಟಗ್ಲನ್ನು ಮಾಡಿ ಕೈಕಾಲು ಮುರಿದುಕೊಂಡರೂ ಅವನೇ ಸರಿ ಎಂದು ಹೇಳುತ್ತಾನೆ.

ಇನ್ನು ಆಟದ ವಸ್ತುಗಳ ಬಗ್ಗೆ ಹೇಳುವುದಾದರೆ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ಅಡುಗೆ ಸಾಮಾನು, ಸೂಕ್ಷ್ಮತೆ ಇರುವ ಬೊಂಬೆಗಳನ್ನು ಕೊಡಿಸುತ್ತಾರೆ ವಿನಹ ಗಂಡು ಮಕ್ಕಳಿಗೆ ಕೊಡಿಸುವ ರೀತಿ ಕಾರು, ಪಿಸ್ತೂಲು ಕೊಡಿಸುವುದಿಲ್ಲ.

ಜನರ ಮನಸ್ಸಿನ ಬದಲಾಗಬೇಕು ಹೆಣ್ಣು ಗಂಡನ್ನು ಸಮಾನವಾಗಿ ಕಾಣಬೇಕು. ಮೊದಲು ಗಂಡು ಮಕ್ಕಳಿಗೆ ಹೆಣ್ಣನ್ನು ಗೌರವಿಸಿ ಪ್ರೋತ್ಸಾಹಿಸುವುದನ್ನು ಕಲಿಸ ಬೇಕು.

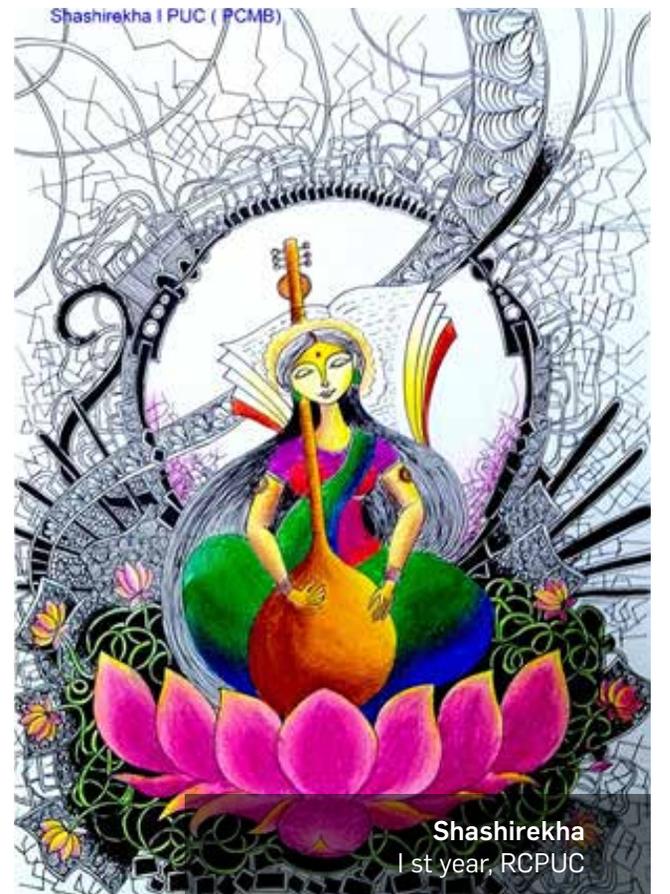
ಮನೆಯಲ್ಲಿ ತಂದೆ ತಾಯಿ ಹೆಣ್ಣು ಮಕ್ಕಳನ್ನು ಅನಿಷ್ಟ ಎಂದು ಕರೆಯುವುದು ಬಿಟ್ಟು ಅವಳಿಗೂ ಒಂದು ಮನಸ್ಸಿದೆ ಎಂದು ಭಾವಿಸಬೇಕು. ಅವಳಿಗೆ ಸಾಧನೆ ಮಾಡಲು ಪ್ರೋತ್ಸಾಹ ನೀಡಬೇಕು.

ಮದುವೆ ಆದ ಗಂಡ ತನ್ನ ಹೆಂಡತಿಯ ಮೇಲೆ ದೌರ್ಜನ್ಯ ಮಾಡುವುದು ಬಿಟ್ಟು ಅವಳಿಗೆ ತನ್ನ ದಾರಿ ರೂಪಿಸಿಕೊಳ್ಳಲು ಸಹಾಯ ಮಾಡಲು ಆಗದೇ ಇದ್ದರೂ ಅವಳಿಗೆ ಪ್ರೋತ್ಸಾಹಿಸಬೇಕು.

ಹೆಣ್ಣು ಸಾಧಿಸಲಾಗದ್ದು ಯಾವುದು ಇಲ್ಲ. ಅವಳು ಏನು ಬೇಕಾದರೂ ಮಾಡಬಹುದು. ಆಕೆಗೆ ಸಾಧಿಸುವ ಭಲ, ಹುಮ್ಮಸ್ಸು ಮತ್ತು ಮನಸ್ಸಿನ ಜೊತೆಗೆ ಒಂದಷ್ಟು ಪ್ರೋತ್ಸಾಹಿಸುವ ಮನಸ್ಸುಗಳು ಇರಬೇಕಷ್ಟೆ.

ಸ್ನೇಹ ಕೇಶವಮೂರ್ತಿ

V Semester, BA, MSRCASC



ಸುಖವಾಗಿರಿ

9 ತಿಂಗಳು ಸಾಕಿದ ತಾಯಿ,
21 ವಯಸ್ಸಿನವರೆಗೆ ಬೆಳೆಸಿದ ತಂದೆ,
ಇಡೀ ದಿನ ನನ್ನ ಜೊತೆಯಲ್ಲಿದ್ದ ಅಣ್ಣ,
ಚಿಕ್ಕವಯಸ್ಸಿನಲ್ಲಿ ಕಥೆ ಹೇಳಿದ ಅಜ್ಜಿ,
ಊರಿನಲ್ಲಿ ವ್ಯವಸಾಯ ಹೇಳಿಕೊಟ್ಟ ತಾತ,
ನನ್ನನ್ನು ಜೋಗುಳದಲ್ಲಿ ಆಡಿಸಿದ ಅಕ್ಕ,
ಶಾಲೆಯಲ್ಲಿ ವಿದ್ಯಾಭ್ಯಾಸ ಹೇಳಿಕೊಟ್ಟ ಗುರು,
ಶಾಲೆಯಲ್ಲಿ ಆಟವಾಡಿದ ಸ್ನೇಹಿತರು,
ಜೀವನಪೂರ್ತಿ ಸುಖವಾಗಿರಲಿ ಎಂಬುದೇ
ನನ್ನಾಸೆ.

D. Charan
9th 'A', Ramaiah High School

THE EV SUMMIT 2023

"Life is magic when you go electric"

The electric vehicle industry in India is picking up rapidly with increased investments, friendly policies, and subsidies. India Energy Storage Alliance (IESA) projects that the Indian EV market will grow at a CAGR of 36 percent till 2026. Overall, by 2030, the EV industry will create 10 million direct and 50 million indirect jobs.



Karnataka was one of the first states to initiate an Electric Vehicle and Storage policy in 2017. The government is offering a 100% tax exemption to e-vehicles being registered in the state. In 2017, in Karnataka, one out of every seven vehicles sold was an EV. Today, an electric vehicle is not just a means of commuting but also aims to become a "Smart vehicle" using the concept of IoT (Internet of Things). The EV industry has become a point of

convergence for different technological industries. EV mobility is more than climate change, sustenance and the environment; therefore, whatever the industry does should be economically viable and socially inclusive.

Industry Experts View:

I had the opportunity to attend the "The EV Summit" that was held on 10th April 2023 at the Lalit Ashok, Bengaluru, organised by the BCIC (Bangalore Chamber of Industry and Commerce). I was fortunate to meet some of the most senior industry professionals from the automobile and manufacturing sector, including Dr. S Devarajan, Senior Vice President of TVS Motors, Mr. Karthikeyan, CTO of EDS Technologies, Kamal Bali, MD (Volvo Group).

The experts expressed their views on the emerging EV technologies, opportunities and challenges. Kamal Bali, MD (Volvo group) expressed that we are going through an era of profound transformation. It is one of the most exciting, disruptive and eventful times for the Indian industry. We are entering into an era of accelerated innovation where the partnership is the new leadership as we make the transition from ICE vehicles to EV mobility.



Mohammed Rehan
I PUC (PCME)

Also, Dr. S Devarajan of TVS Motors said, Hydrogen is a crucial alternate fuel technology today, and India has the potential to become a global leader in Hydrogen technology.

Dr. Ashim Sharma, a Senior Partner of Nomura Research Institute, expressed that “EV charging stations in India will grow by 7x to 28,093 by 2025, starting with nine major cities with a population greater than 4 million.”

To conclude, we can say that the Indian EV industry is quickly gaining pace due to various government initiatives, a rise in crude oil prices, and changing customer demands and requirements. Therefore, it would not be wrong to presume that by 2050, the automobile industry would be dominated by electric vehicles.

Prateek P
B.E. CSE (AI&ML) | Sem, RIT

UNDER THE MONSOON CLOUDS



The cool breeze
can you make my life ease?
My free hairs crossing across my face
can you set my life in pace?
The birds flying under the monsoon sky
can you get me answers to these questions of why?
You yellow flowers standing at the top of the tree
can you bring me some mellow for free?
The tiny raindrops falling on the earth
can you give me a new birth?
The dark monsoon cloud showering the rain
can you shower me the strength to erase my pain?
The reflection spread on the bed of water
can you bring me more reflections on what matters

Deekshitha M
3rd Sem ECE, MSRIT

HEALING THE MIND: A JOURNEY TO MENTAL HEALTH

“If you feel life is sinking, try positive thinking”.

Mental health is an integral part of our overall well-being. It affects how we think, feel, and act, shaping our perceptions and interactions with the world around us. In recent years, there has been a significant shift in society's attitude toward mental health, recognizing the importance of addressing it just as we would physical health. Healing the mind is not a one-size-fits-all process, and it's a journey that requires understanding, patience, and a holistic approach.

By managing stress effectively, you can protect your mental well-being from the negative effects of chronic stress. Some of the ways to cope up with your mental state:

1. Goal achieving
2. Seek Professional Help
3. Gratitude and Positive Thinking
4. Talk the thoughts to your loved ones or write it down.

“Be kind to your brain, it's the only one you have”.

Maintaining good mental health is just as vital, if not more so, for leading a fulfilling and balanced life. Mental well-being is a lifelong journey, and it requires effort and care just like physical health. By understanding the concept of mental well-being and implementing strategies to nurture it, you can lead a happier, more meaningful life.

Remember that everyone's path to mental well-being is unique, so be patient and compassionate with yourself as you embark on this journey. Prioritizing your mental well-being is an investment in yourself and the quality of your life.

Amisha Sree Babu
3rd Sem CSE, Ramaiah Polytechnic

ತಾಯಿ

ನವಮಾಸಗಳು ಒಡಲಲ್ಲಿ ಹೊತ್ತು,
ಲಾಲಿ ಸುವೆ ತನು-ಮನಗಳಿಗೆ ಮುತ್ತಿಟ್ಟು,
ದೃಷ್ಟಿಯಾಗದಿರಲಿ ಎಂದು ಅಮೃತದಂತೆ ಎದೆ
ಹಾಲು ಕೊಟ್ಟು,
ಬೆಳೆದು ಬಾಳಲಿ ಎಂದು ಪ್ರೀತಿಯ ತುತ್ತಿಟ್ಟು,
ಲಾಲಿಸಿದೆ, ಪಾಲಿಸಿದೆ, ರಕ್ಷಿಸಿದೆ
ಯಾರು ತಾಯಿ ನಿನಗೆ ಸಮಾನ.

Pramod.D
3rd Sem, B.Ed

ಪುಸ್ತಕ

ಇರುವಂತಿದ್ದರೆ ಪುಸ್ತಕದಂತೆ ಇರು.
ದೂರದಿಂದ ಕಂಡರೆ ನೀನೇನು ಎಂದು
ಅರಿವಾಗದಂತೆ...
ನಿನ್ನಂತರಾಳ ಓದಿದಾಗಲೇ
ಅರ್ಥವಾಗುವಂತೆ...
ಮುಖಪುಟದಲ್ಲಿ ಮನ ಸಂಗತಿ ತಿಳಿಯದಂತೆ
ಜೊತೆ ಕಳೆದಾಗಲೇ ಪೂರ್ಣ ಮಾಹಿತಿ
ದೊರೆಯುವಂತೆ ಇರು ಪುಸ್ತಕದಂತೆ...
ಜ್ಞಾನವಿದ್ದರೂ ಬೀಗದಂತೆ...
ಆಸಕ್ತರು ಮಾತ್ರ ನಿನ್ನತ್ತ ಬಾಗುವಂತೆ...

Pramod.D
3rd Sem B.Ed



NUCLEAR FUSION: THE NEXT FUTURISTIC SUSTAINABLE ECOFRIENDLY SOURCE OF ENERGY

Nuclear fusion is the process of fusion of two nuclei mostly hydrogen nuclei or their isotopes as they yield the most net energy output in a plasma where the electrons are stripped off the nucleus. This occurs in the core of stars where hydrogen/helium nuclei fuse together and give off energy through the Mass energy equivalence principle.

Out of the two isotopes of hydrogen, deuterium and tritium, deuterium is abundant in ocean water, known as D2O or normally known as "heavy water". However, the problem is that the other isotope, tritium is very rare and is found in nuclear warheads making it hard to obtain.

The current net energy output of nuclear fusion is much less than the energy needed to fuse the two nuclei, which commonly marks the end of a star. To understand why this occurs in reactors first we need to understand a star. A star like our sun has loads of material constantly fusing and losing mass and converting it into energy. Inside the nuclei are subatomic particles with each of them having a unique charge. Many nuclei have like charges leading to them repelling each other, which opposes the collision, but in stars due to the abundance of the materials there is higher chance of nuclei quantum tunneling each other where particles can virtually tunnel through each other. But in Earth we cannot carry that much loads of matter.

So, to overcome the repulsion we need to use up more energy than is produced. This also occurs in stars but when they are almost to collapse and when the chain of nucleosynthesis reaches to form iron core where the energy needed is very high, the star cannot resist the pressure and succumbs to gravity. This operation requires tremendous amount of money reaching up a billion of dollars.

Scientists are constantly investigating that whether this is a viable option for sustainable energy and are seeking to find solutions to many of these problems. Many reactors have already been constructed such as ITER and at the same time are also wondering about compact fusion

where the nuclear fusion reactors are much smaller and compact. It is just a matter of time when we find out the answer to these questions.

Arjun Jamgade
Grade 6, M S Ramaiah Vidyaniketan



Shiney Rose
EC, 5th Sem, Ramaiah Polytechnic

Ravi HR
Instructor, EEE, RIT

ನಮ್ಮ ವಿದ್ಯಾಲಯ

ಜೇನಿನಗೂಡು ನಮ್ಮ ವಿದ್ಯಾಲಯ
ಅನೇಕತೆಯಲ್ಲಿ ಏಕತೆಯ ಮೊದಲ ಅಧ್ಯಾಯ
ದೇಶ ವಿದೇಶದಿಂದ ಹಾರಿ ಬಂತು ಮರಿದುಂಬಿ
ಕಲಿಕೆಯ ಶುರುಮಾಡಿತು ಮನತುಂಬಿ
ಒಂದೊಂದು ವಿಷಯಗಳಲ್ಲಿ ಸುಂದರ ಹೂಗಳು
ಮಕರಂದವ ಹೀರಿ ಮುನ್ನಡೆದವು ಹೂ ಮನಗಳು
ಆವರಿಸಿತೆಲ್ಲೆಡೆ ದುಂಬಿಯ ರೋಂಕಾರ
ವಿದ್ಯಾಲಯದ ತುಂಬೆಲ್ಲಾ ಕಲಿಕೆಯ ಓಂಕಾರ
ಹಾರಲು ಕಲಿತ ಜೇನು ಹೀರಿತು ಸಿಹಿಯ
ಸೇರಿತು ಗೆಳೆಯರ ಮುಂದಿನದು ಜೈಕಾರ
ದೊರಕಲು ಗುರುಗಳ, ಪೋಷಕರ ಸಹಕಾರ
ಫಲ ಭರಿತ ಜೇನು ಹರಡಿತು ಜಗಕೆ ಸವಿಯ ಸಾರ

THE EVOLUTION OF NATURAL LAW DURING THE AGE OF ENLIGHTENMENT

Human civilization has gone through a myriad of movements and periods that have left lasting impacts on society. One such era is the Age of Enlightenment, a specific era in human history that has been recorded in many texts and documents. The Age of Enlightenment occurred during the 17th and 18th centuries and is considered one of the most significant periods in human history. It was also during these years that Isaac Newton published his well-known "Principia Mathematica" (1686). The expansive shifts that materialized during the period had a lasting imprint on the existing society; its influence was global and brought about radical changes even in the way people perceived the world; hence, it was also given the name philosophical or intellectual movement.

The commencement of the Age of Reason shed light on the concept of natural law, which was initially discovered by the ancient Greeks in the 4th century BC and was widely discussed by philosophers such as Plato, Aristotle, and Socrates. During the Enlightenment period, natural law was popularized by Thomas Aquinas.

The fundamental idea behind the notion of natural law states that human beings possess certain intrinsic values and beliefs that govern their reasoning and behavior. These intrinsic beliefs are embedded within each individual and aid them in understanding good and evil; these beliefs are neither created by society nor court judges. Marcus Tullius Cicero, a Roman lawyer and philosopher, stated that natural law contributes

to the general good of society, while positive law contributes to its safety. An example of natural law is the intrinsic knowledge that murder is evil and therefore should not be committed.

"Good is to be done and evil avoided."
– Thomas Aquinas

Natural law is centered on three rules:

- It is a law given by God.
- It is naturally authoritative over all human beings.
- It is naturally known by all human beings.

The French and American Revolutions further portrayed the dominating ideals of natural law. The liberal Bourgeoisie was at the forefront during the first phase of the French Revolution, they were

keen on protecting the natural rights of people, which in turn led to the declaration of the rights of man and citizen passed by the national constituent assembly in August 1789. The teachings of Jean-Jacques Rousseau on natural law led to it being seen as the basis for democratic and egalitarian principles. It also influenced how American leaders approached matters that dealt with sovereignty, rights, and constitutional law. Natural law has its ideals incorporated into the Constitution of India as well. The Indian constitution has several principles that are founded on the theory of natural law; some of them are fundamental rights, the right to equality, and judicial supremacy.

Since the end of the Age of Enlightenment, natural law has undergone many transformations, yet its fundamental ideals continue to influence the current legal system due to its universal validity. Natural law also supports ideologies such as theocracy, absolutism, and individualism; therefore, natural law has prominent contributions in the political, legal, and social fields.

Dona Maria
2nd year B.B.A., L.L.B. RCL

THE GIRL WHO THOUGHT TOO MUCH

Once there was a girl who opened her eyes and all she could see was a place full of dessert and nothing else. She didn't know why was she there? Or how did she come there? In a phase full of questions in her mind, the more she could feel was her hunger and thirstiness.

So, she just randomly thought "I wish there was water here". As she wished, there was really a glass of water in front of her. She was shocked to see this. Then she tried to think another wish to see if this was true. She wished for food, and the food was there. She was stunned to see this yet she ate everything due to her hunger. After she finished eating, she felt really HAPPY and thought of more wishes like to have a big tree to shade her, and a nice pillow to sleep and more food. After she woke up, she started realising what was happening, and got tensed & scared of why all of this was happening, she thought maybe it's a place of ghosts, and as she thought the ghosts really came there, she got scared and thought, that they'll round her up, the next movement ghosts started rounding her up. Then she thinks that the ghosts are going to kill her and THAT IS IT! The ghosts really killed her.

So, by this we can understand that the thoughts inside you are the biggest enemy than anyone else could ever be. Its "YOU" who choose to think the bad things happening to you and regretting them every time.

What if you "Rent your mind free" by having positive thoughts and accepting whatever is coming to you. If so, then you will end up being the HAPPIEST PERSON.

This story was an example to show how "THE THINGS AROUND YOU CAN CHANGE, WHEN THE THOUGHTS IN YOU CHANGE".

S Shamitha
5th sem E&C, Ramaiah Polytechnic

BENGALURU



Bengaluru, a city where you can BE U
A population of varied tradition
Always ready for a new addition
'Church Street' is where we party
And Commercial is where we shop
The Cityscape of architectural marvels
Will make your eyes POP
We call our friends "Macha",
And strangers "Dude"
Now head to South Bangalore
To pamper your tastebuds with food.
Globalisation is our motto
'Fraternisation' our culture.
Walk up to a cop for assistance
You'll appreciate him for persistence.
BMTc, Metro and OLA for transport
Not to forget our famous Airport
Wait, are you a 'Stay-at-home' buddy?
We got you covered-
Swiggy, Zomato, Amazon and Flipkart,
Deliver everything – from restaurants
and Mart
So, you can just Netflix and chill
Just like the weather.

Vijay Adithya
BE I Year, RIT

THAT ONE NIGHT

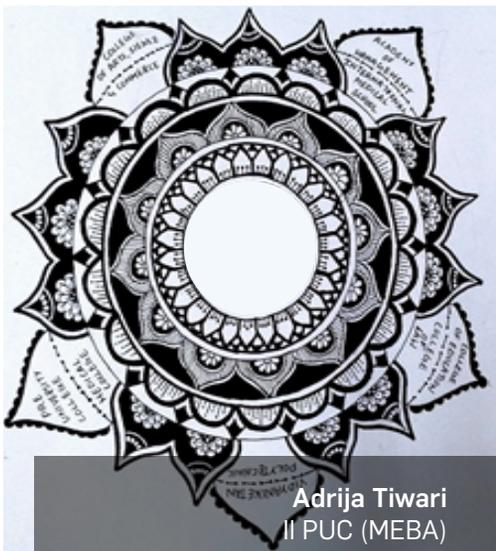
That one night
I wait for
When I would feel so light
And not ask for an or

And there isn't only one such
When we feel happy moving
And the in blissing
But as many as much
We wish to keep creating
And we keep living

All the tiny livings of good
With all the actions that we could
All the tiny little pushes of should
With all the lessons we learnt why we not
could
All the small and big reflections
We would make through the days
And the nights
Make that one coming night a celebration
Bringing within us the happiness that 'we
could hay'
And a glowing light

And that night would be the reason
I wish to live through all my frays
And that light would be the reason
I wake up to live on from the next day.

Deekshitha M
III SEM - ECE, MSRIT



Adrija Tiwari
II PUC (MEBA)



Abhijith Krishna
I PUC (PCMB)

CORONA WARRIORS

During the gloomy Corona times, God created a saviour,
Healing the suffering in the form of a Corona warrior.

Mother Teresa once said, "Hands which heal are holier than the lips which pray".

Thousands of frontline workers are working day and night,
Only to bring hope in lives and a ray of light.

Difficult are times when doctors and nurses wear PPE kit work for hours
together,

Only to treat the suffering and forgetting their troubles altogether.

Corona warriors put duty first and family last,

It is our duty to recognize them and honour them fast.

Though the mortality is low and the recovery rate is high,

One cannot be complacent, relaxed, and sigh.

Please follow the rules of wearing a mask and social distancing,

Wash your hands regularly and practice sanitizing.

Hope this pandemic will soon end well,

Bidding our corona warriors, a good farewell.

Samruddhi C R
Sem I, RIT

RING OF SINGING

Why stop the ring
Of soul wanting to sing
Who listens or not
Who says what
If you want, just sing
And get those wings
You might have not found among everyone
But you might have not found no one
It's to your soul
And it's not a foul
Who is to feel happy is you
And feel flew
Music is to all
For everyone who wish to fall
In its love
You might be the singer your soul searching for
So why keep wandering far
From nature's call
To trumpet hall
Music is everywhere
If you have found it nowhere
It's mere grey
When you sing
The uneasiness mounted to bing
Might just fling
The hopes at the fringe
Might not let you cringe
When music keeps ringing
There's less chance for flinging
So just sing
If you try to stop
It's a flop
So, when you sing
You are just happy for the joy it brings
If by grace we can make others happy
Let's embrace
Sing for happiness here and beyond
Sing for happiness within
Why search everywhere
While we have got our own souls nowhere
But just here to sing.

Deekshitha M
III SEM - ECE, MSRIT

POSITIVELY YOURS.....

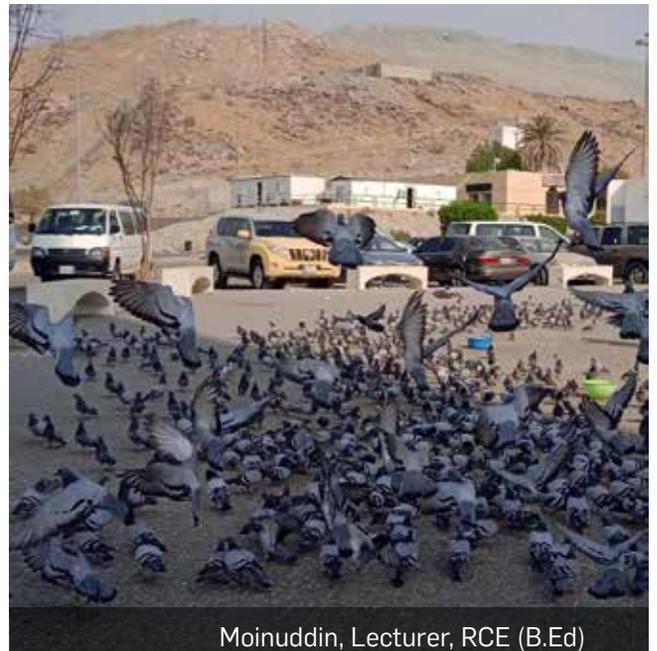
Feel each day as a fresh day
Forget what happened yesterday;
You felt low, cried and fought,
You were helpless and you lost!

Treat each one a new acquaintance
Forget what they did yesterday;
They stopped you, stepped on you,
Give away, for they work their way!

Think Each moment a great chance
Forget what you missed yesterday;
You cannot hold the time or space
There is more, be open to embrace!

Take each difficulty as a great lesson
Forget the troubles, toil and turmoil;
Things happen for a reason unknown
You know, darkness has light hidden!

Dr. Manasa Nagabhushanam
Director (A,R&A), RIM



Moinuddin, Lecturer, RCE (B.Ed)

DID YOU KNOW??



Tutaras:

Tutaras are the most primitive reptiles in existence found in New Zealand. The species is nearing extinction. Only a few numbers of tuataras are remaining.

Black Rhino:

Found in Eastern part of South Africa. They have thick skin which protects them from external injuries. The special feature of this animal is that it has two horns and some have three.



Blue Whale:

Blue Whale is the largest animal in the world. One blue whale is equivalent to 30 elephants. For the pleasure of humans, they are being killed. Now only a few blue whales of about 10,000 to 25,000 are alive.

It is our duty to protect these animals from the list of endangered species.

Pavan Kumar, Grade 7, M S Ramaiah Vidyaniketan

KARGIL VIJAY DIWAS

Ramaiah Pre-University college celebrated the Kargil Vijay Diwas on 26 July 2023 to commemorate India's victory over Pakistan in the Kargil war for ousting Pakistani forces from their occupied positions on the mountain tops of Northern Kargil District in Ladakh in 1999.



During the Kargil war, I was a commissioned officer in the rank of Flight lieutenant and



was deployed in one of the Bases of Indian Air Force in central India. My base was responsible for ensuring seamless supply of critical components and war waging stores pertaining to Jaguar aircraft.

Jaguar aircraft is a deep penetration low level strike, fighter aircraft. They played an active role in the 1999 Kargil war with Pakistan, dropping both unguided and laser guided bombs on enemy positions. To ensure seamless air effort and to keep the sorties uninterrupted, it was Imperative to ensure smooth and efficient supply lines from my base to the frontline fighter bases,

located in North India. As officer in charge of Jaguar FSS, I was deployed on 24x7 basis. I was also part of the heightened base security protocol, activated to avoid any intrusion/sabotage to our base. During kargil war we used to perform our enhanced duties, fully armed and with extra zeal. We were also on stand by for deployment to forward fighter bases at short notice, if situation warranted. Kargil war was a classic case of seamless jointmanship and interoperability between the Indian Army and the Indian Air Force.



When we see the young generation who are not aware of all the sacrifices made by our soldiers there is a scope for us as institution heads to provide opportunity to students to understand that our freedom was not obtained easily there is great deal of sacrifice that our soldiers made and martyred during this war. Our college is geared up to make the teenagers into responsible citizen with ample opportunity to excel and develop their overall personality with compassion for the country and be an asset to our Institution and country Bharat.

Flt Lt Sunita Dixit (Retd)
Principal
Ramaiah Preuniversity College

CAMPUS ROUNDUP (E&GS)

RAMAIAH VIDYANIKETAN

Bharathiya Bhasha Utsav



RAMAIAH HIGH SCHOOL

Annual Day Celebration



RAMAIAH COMPOSITE PRE-UNIVERSITY COLLEGE



Shreya Ravikumar, II PUC-Winner of District, State Level, Represented at the National Level – Table Tennis Tournament



Winners of National Level Football Tournament at Aakash International

COLLEGE OF POLYTECHNIC

GUEST LECTURE ON VIRTUAL REALITY



INAUGURATION OF LIBRARY SECTION



COLLEGE OF LAW

LAWASIA MOOT COURT COMPETITION 2023

Ramaiah College of Law hosted the prestigious 18th Lawasia Moot Court Competition. The programme had been the showcase of the Legal Brilliance as we welcomed teams from around the globe for the international rounds from November 24 to 27, 2023.



SILVER JUBILEE CELEBRATION

Ramaiah College of Law celebrated the momentous occasion of its Silver Jubilee. This incredible milestone marks twenty-five years of commitment, excellence and dedication to fostering knowledge, learning and personal growth among students and staff.



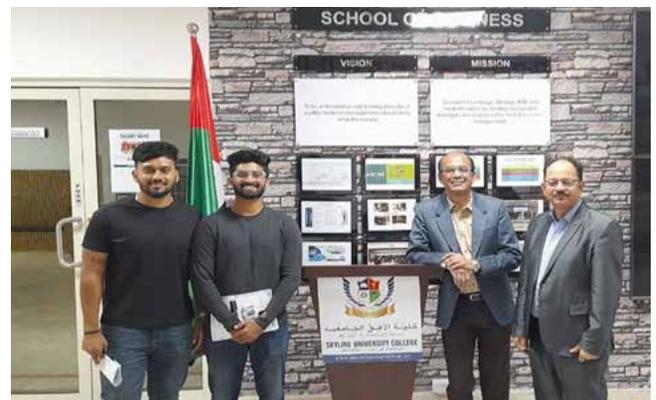
RAMAIAH INSTITUTE OF MANAGEMENT

Global Engagement Programs

Japanese students from KUAS (Kyoto University of Advanced Science) had a two week of packed learning experience at RIM as management interns, spending quality time exploring Bangalore's culture, food and people.



Foreign Delegates at RIM



RIM students at Skyline University College, UAE

COLLEGE OF ARTS SCIENCE AND COMMERCE

SPORTS ACHIEVEMENTS

FOODIE FIESTA



M S Ramaiah College of Art science and commerce organized a food fest on 20th October 2023, which aimed to encourage students to explore the world of business and develop entrepreneurial competencies. Hosted by Department of Commerce associated with Rotaract Club, the registration fees from the event were directed towards supporting food donation drives. The heart of the Food Fest were the stalls, each managed by enthusiastic student teams. These teams showcased their entrepreneurial spirit by designing unique stalls, creating delectable dishes, and implementing their pricing strategies and enticing features to attract customers. This hands-on experience allowed them to understand the intricacies of running a business.

BLOOD DONATION ORGANISED BY NCC IN ASSOCIATION WITH NSS



Feedback

This eighth edition of newsletter has covered all the events of Ramaiah and the outstanding achievements of our prestigious institute students. Ramaiah has always given a platform to student to showcase their skills.

Bhawana Shukla, PGDM, MSRIM

This GEF Magazine has the plenitude of information about the events conducted and the expressions of the students and the faculties throughout the Ramaiah Group of Institutions. It is helpful for all the students of our big Ramaiah family in order to be edified about the legacy of our institutions.

Priyanshu Karn, Ramaiah College of Law

All of the staff members and students of the Ramaiah network of institutes have an amazing opportunity to showcase their talents thanks to Abhijna Darpana. This issue's diverse writing styles showcased a range of ideas, opinions, and inventiveness. Abhijna Darpana is providing a great opportunity to all staff and students of Ramaiah group of institutes to express their talent. This issue contained a variety of thoughts, ideas, and creativity through different writing styles. If you provide a small space in the newsletter to express our thoughts for parents from Ramaiah group of institutes would be appreciable. I wish to congratulate all the members of the team for your valuable effort.

Sreemoyee Biswas, III Sem, BT, RIT

"Abhijna Darpana" provides a valuable forum for the GEF community, fostering the exchange of opinions and ideas among students and faculty. It offers a unique platform to share diverse perspectives on a vast scale, encouraging meaningful engagement from all members. This opportunity to contribute is highly commendable, and I express my sincere appreciation to the management for providing such a platform.

Sanvi, RIT

I absolutely love Abhijna Darpana! It's super interesting, and I'm definitely showing it to my friends and family. There's something for everyone, with articles, poems, even pictures and paintings. It's a fantastic way to showcase everyone's talent, and thank you to the creators for making it happen!

Jhanavi, Ramaiah Vidyaniketan

I would like to express my sincere gratitude to the entire Ramaiah College team for providing a platform like 'Abhijna Darpana' to showcase student talent and knowledge. Seeing our contributions published in the newsletter is an immense source of pride. I truly appreciate this opportunity given to students to share their voice and perspectives with the wider college community.

Kusum, RCE

The "Abhijna Darpana" newsletter serves as a valuable platform for showcasing the diverse talents of Ramaiah College students. It fosters creativity and provides a unique opportunity for students to share their knowledge and perspectives beyond academics. This edition incorporates a section dedicated to highlighting student achievements and participation in sports, further enriching the newsletter's content and providing a more comprehensive view of student life at the college.

Roshan, Ramaiah Polytechnic

Abhijna Darpana is a true inspiration. It's amazing how it encourages students of all ages to explore their creativity, whether through writing or drawing. The diverse perspectives from both young and experienced writers offer a unique and thought-provoking reading experience. I'm so impressed, and I'm motivated to contribute my own work to a future edition.

Deepthi, RCASC

Worth reading. The contents in Abhijna Darpana are very well organized and have been written with utmost creativity. It has a proper balance of learnings that one should take away from the magazine as well as some great artworks showing the creative side. All the contents are put together in a very concise and beautiful way which grabs on to the reader's attention.

Ankita

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